[Character Name]

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| Personal Characteristics |
| Nick name | Do they like being called this? |
| Name meaning |  |
| Age |  |
| Weight |  |
| Appearance | Eye and hair colour, skin tone, scars, identifying features, posture. Are they immaculately groomed or slap-dash? Do they dye her hair or have a tattoo? |
| Pictures | [Insert pictures if that express some part of your character, e.g. hair, facial expression, clothing] |
| Scent | Does they use a particular perfume or body product? |
| Communication style | How they sound. Do they have an accent?Does they have any speech idiosyncrasies, or favourite words? |
| Mannerisms | Unconscious ticks and gestures. The way they moves/body language. What does her posture look like? Does they have particular expressions when they feel happy/sad/angry? |
| Personality | Are they outgoing or shy? What embarrasses her? |
| Life philosophies | Does they look on the bright side? |
| Health | Do any health issues affect their quality of life or choices? |
| Habits | Do they smoke or gamble? Are they a neat freak? Do they arrive half-an-hour early everywhere? Do they have any particular routines or phobias? |
| Endearing characteristic(s) | What are his strengths? Are they kind, generous or sympathetic? These traits will help the reader root for this character. |
| Character flaws | What are his weaknesses? These may be perceived, based on past experiences, and can be a great source of character growth. Is he self-centred, too competitive, lazy, a doormat, demanding of others?  |
| Self-awareness | What kind of things does he say inside his head, about other people or himself? Is her view of herself the same as other people see her? What sorts of internal battles does they endure? |
| Family |
| Parents | Are they alive or estranged? |
| Siblings | How does their current relationship compare to when they were children? Are they blood siblings, part thereof, or step? |
| Dependants | Does they have children, a disabled dependant, or someone else who depends on her for any reason? |
| Extended family | Were any important to this character? |
| Relationships | Was the family close and loving, or aloof and cold? Did they have a favourite relative? |
| Childhood |
| Date of birth |  |
| Place of birth | Where did they grow up? What was the family’s socioeconomic status? Ethnic background? Did they move a lot and why? |
| Education | What level of education was reached? What were her favourite subjects? Did they do higher training or short courses? What is her attitude to learning? |
| Home life | Was it satisfying or abusive? |
| Lifestyle |
| Clothing | Including accessories and style themes. |
| Ethnicity | Do they associate with a particular race or country? |
| Religion | Beliefs, struggles and upbringing. |
| Political ideologies | Only if they are relevant to this story. |
| Morals | Where do they stand on abiding by the law, sacrificing for others and helping those less fortunate? |
| Sexuality | Heterosexual/bisexual/homosexual. How do they feel about sex? |
| Vehicle(s) | Owned, borrowed, inherited? |
| Home | Is it a house block or large property? Do they rent, own or share it? Specific features (insert pictures if you want). |
| Family heirlooms | Do they have sentimental value to her? |
| Employment | What type of tasks do they perform? Do they enjoy it? Do they have career aspirations? What’s the salary? What’s the boss like? |
| Work colleagues | Only if they are relevant to this story. |
| Travel | Are they well-travelled or a homebody? |
| Rivals | Who pushes her buttons or constantly works against her and why? |
| Friends | Best friend, long-time friends, recent friends. |
| Love interest | Are they married? How and when did they meet? What do they have in common and what are their differences? |
| Romantic history | Past relationships and how they affected them. |
| Special skills | Only if they are relevant to this story, e.g. if they are a Taekwondo black-belt and they use it to overpower someone during the story. |
| Accomplishments | In work or her personal life. |
| Idols | Do they model themselves on a parent, colleague or rock star? Is there someone they particularly admire? |
| Hobbies | Favourite books, movies, sports, collections. |
| Pets | Only if they appear in the story or are important in their past. |
| Preferred drinks | Only if it’s something they are going to drink often in the story. |
| Favourite foods | Could include favourite restaurants. |
| Driving forces |
| Secrets | Only if they are relevant to this story or their motivation. |
| Hopes for the future | Dreams, desires, aspirations. |
| Defining life events | Good and bad things that happened to shape them into the person they are today. |
| Preconceived ideas | These may be false, based on past experiences or upbringing, and can be a source of emotional growth. |
| Fear | What is the fear that they’ll do anything to avoid facing, e.g. success, failure, commitment, being alone? This stems from something that happened in their past, which they don’t want to repeat. |
| Goal | What do they want to achieve by the end of the story? |
| Motivation | Why do they want to achieve that goal? |
| Changed beliefs | How does their understanding of their fear change by the end of the story, e.g. realising they were wrong or accepting it? |
| Reactive questions |
| Ask questions that are tailored to the information you need for your plot, to find out why they react a certain way to a situation. (These are just suggestions.) |
| How are they forced to face their greatest fear? |  |
| How would they react if faced with an aggressive stranger? |  |
| How would they react if a man tried to pick them up in a bar? |  |
| How would they react if they were challenged by their boss? |  |
| How would they react if someone they admired, betrayed them? |  |
| What would they do when faced with an impossible decision, e.g. die to save someone they love? |  |
| Do other people see them as they think they do? Why? |  |
| What would they change about themselves if they could (physical or a temperamental trait). |  |
| Is there something they are lying to themselves about? Why? |  |
| How can you use their character strength/weaknesses against them? |  |
| What type of movies do they like/hate? Why? |  |
| What would be the best way to cheer them up when they were feeling down? |  |
| What really annoys them? |  |
| What is the worst thing they’ve ever done to someone? Why? Did they tell anyone about it? |  |
| What still gives them nightmares or makes them break out in a nervous sweat? |  |
| Do they have any closet behaviour, compulsions or addictions? |  |
| Back story summary |
| [Write a concise summary of key events that happened to your character before this story began, especially those that will affect their behaviour during this story.] |